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## What's New

**Cannabasics** – “a set of fact sheets on cannabis for health and social service providers” provided by the Canadian Public Health Association.

### Reproductive / Sexual Health

Maternity leave and its impact on breastfeeding: a review of the literature – *Breastfeeding Medicine*

Impact of prenatal exercise on both prenatal and postnatal anxiety and depressive symptoms: a systematic review and meta-analysis – *British Journal of Sports Medicine*

Interventions promoting exclusive breastfeeding up to six months after birth: a systematic review and meta-analysis of randomized controlled trials – *International Journal of Nursing Studies*

\*The association between active tobacco use during pregnancy and growth outcomes of children under five years of age: a systematic review and meta-analysis – *BMC Public Health*

### Injury Prevention

\*Seatbelt use and risk of major injuries sustained by vehicle occupants during motor-vehicle crashes: a systematic review and meta-analysis of cohort studies – *BMC Public Health*

\*Childhood road traffic injuries in Canada – a provincial comparison of transport injury rates over time – *BMC Public Health*

### Chronic Disease Prevention

\*The use of social features in mobile health interventions to promote physical activity: a systematic review – *Digital Medicine*

School-based exercise programs and cardiometabolic risk factors: a meta-analysis – *Pediatrics*

Effectiveness of nutritional interventions addressed to elderly persons: umbrella systematic review with meta-analysis – *European Journal of Public Health*

Effectiveness of policies and programs to combat adult obesity – a systematic review – *Journal of General Internal Medicine*

\*Comparison of self-reported and accelerometer-measured physical activity in Canadian adults – *Statistics Canada*

### Substance Abuse / Tobacco Use

Whole-of-community interventions to reduce population-level harms arising from alcohol and other drug use: a systematic review and meta-analysis – *Addiction*

Cognitive-behavioural treatment for amphetamine-type stimulants (ATS)-use disorders – *Cochrane Library*

\*Are digital interventions for smoking cessation in pregnancy effective? A systematic review and meta-analysis – *Health Psychology Review*