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What's New

[Health systems evidence](#) – a “repository of syntheses of research evidence about governance, financial and delivery arrangements within health systems, and about implementation strategies that can support change in health systems”

Health Communication

*Characteristics and efficacy of digital health education: an overview of systematic reviews – *Health Education Journal*

The effect of campaign-generated interpersonal communication on campaign-targeted health outcomes: a meta-analysis – *Health Communication*

Starting off on the best foot: a review of message framing and message tailoring, and recommendations for the comprehensive messaging strategy for sustained behavior change – *Health Communication*

Reproductive / Sexual Health

*Effectiveness of targeting fathers for breastfeeding promotion: systematic review and meta-analysis – *BMC Public Health*

Barriers and facilitators to birth without epidural in a tertiary obstetric referral center: perspectives of health care professionals and patients – *Birth*

Mental Health

Are cyberbullying intervention and prevention programs effective? A systematic and meta-analytical review – *Aggressive and Violent Behavior*

Chronic Disease Prevention

The efficacy of wearable activity tracking technology as part of a weight loss program: a systematic review – *Journal of Sports Medicine and Physical Fitness*

Goal-setting in diabetes self-management: a systematic review and meta-analysis examining content and effectiveness of goal-setting interventions – *Psychology & Health*

Substance Abuse / Tobacco Use

*Public health impact of a novel smoking cessation outreach program in Ontario, Canada – *BMC Public Health*

Social profile of middle school-aged adolescents who use electronic cigarettes: implications for primary prevention – *Prevention Science*

*Tobacco policy reform and population-wide antismoking activities in Australia: the impact of smoking during pregnancy – *Tobacco Control*

Injury Prevention

The impact of booster seat use on child injury and mortality: systematic review and meta-analysis of observational studies of booster seat effectiveness – *Accident Analysis & Prevention*

Systematic review of observational studies on secondary task engagement while driving – *Accident Analysis & Prevention*