



The Middlesex-London Health Unit Library publishes this newsletter monthly for subscribers.

In this Issue

As summer continues and live webinars are limited, we've included more on-demand webinars. We've also highlighted some new books from our collection.

As a reminder, please email Library@mlhu.on.ca if there are any books or physical resources that might be helpful for your work that could be added to the MLHU collection.

- [Featured](#)
- [Scholarly Articles](#)
- [Grey Literature](#)
- [Upcoming Webinars](#)
- [On-demand Webinars](#)
- [New Books](#)



Featured

[The Health Belief Model Explained](#) - Public Health Insight Podcast

Not all articles may be freely available online.

Contact library@mlhu.on.ca to obtain full text or request the username and password for Virtual Library.

Breastfeeding

Effects of remote breastfeeding guidance on breastfeeding rates and neonatal health: A systematic review and meta-analysis

The Effectiveness of Community Health Worker Support Versus Standard Care on Exclusive Breastfeeding Duration: Systematic Review and Meta-Analysis

Chronic Disease Prevention

Effects of behavioural interventions for preventing obesity in young children from ethnic minority backgrounds: A systematic review of randomised controlled trials

Optimizing Diets for the Prevention of Cardiovascular Diseases and the Promotion of Cardiometabolic Health

Digital Health

Effect of parent-focused interventions for screen use on developmental outcomes in young children: A systematic review and meta-analysis

Emergency Management

Assessing public health threats: An overview of coordinated threat assessment at the Public Health Agency of Canada

Mapping risk communication practices in public health emergencies: A scoping review and comparison with Italian regional pandemic plans

Environmental Health

Association between air pollution exposure and risk of hemorrhagic stroke: A systematic review and meta-analysis

Effects of Heat Waves on Hospitalizations, Emergency Department Visits, and Outpatient Care in Frail Older Adults: A Systematic Review and Meta-Analysis

Maternal occupational/environmental exposure to selected organic solvents and small-for-gestational-age births: A systematic review and meta-analysis

Infectious Diseases

Avian influenza H5N1: A warning signal for the next influenza pandemic

Prevalence and management of vancomycin non-susceptible *Staphylococcus aureus*: A narrative review

West Nile Neuroinvasive Disease: Current Management, Emerging Therapies and Future Clinical Trial Priorities

Injury Prevention

Calcium, vitamin D, or combined supplementation to prevent fractures and falls: Systematic review and meta-analysis

Outcomes and predictive factors in pediatric drowning: A systematic review and meta-analysis of prehospital predictors

Maternal Health

Effect of empowerment interventions on health literacy and health behaviors of pregnant women: A systematic review and meta-analysis

Pregnant women's perceptions and experiences of social media communication for antenatal care: A scoping review

Oral Health

Influence of Manual and Powered Toothbrushes on Gingival Lesions: A Systematic Review and Meta-Analysis

Periodontitis and Quality of Life: A Systematic Review and Meta-Analyses

Reproductive / Sexual Health

Social Network-Based Strategies for HIV Testing Among Women: A Systematic Review

Substance Use/Tobacco Use

Effectiveness of brief motivational interviewing for alcohol misuse: A systematic review of randomized controlled trials

Food and Nutrition

A systematic review of tools for measuring food and nutrition literacy in healthy adults

Analysis of child malnutrition from the risk factors, social determinants, and social determination of health, a scoping review

Effects of school-based nutrition literacy
Intervention on obesity prevention in school-age students: A systematic review and meta-analysis

Health Promotion

How is health equity considered in scale-up guidance? A scoping review of process models for scaling public health innovations

How power is conceptualized and operationalized in evidence-based intervention implementation: A scoping review

Health Equity

Measuring Structural Racism to Advance Health Equity: A Scoping Review of Quantitative Approaches

Structural Racism and Inequality in Canadian Population Health and Wellbeing: A Scoping Review

Housing

Adverse childhood experiences in children and youth experiencing homelessness: A systematic review and meta-analysis

Emerging multisystem disease mechanisms of e-cigarette vaping on human health

Evaluation of dose-response relationships between smoking tobacco, alcohol consumption and oral cancer: A systematic review and meta-analysis

Vaccine-Preventable Diseases

Interventions to improve pre-school vaccination timeliness: A systematic review

Human Papillomavirus Vaccination Beyond Age 26: Evidence, Limitations, And Implications For Vaccination Policy

Social capital and vaccine decision-making: A scoping review

Vector-Borne Diseases

Biopesticides as an eco-friendly approach to mosquitoes and their role in reducing transmission of vector-borne disease: Updates and prospects

[\(back to top\)](#)

Grey Literature

Community Engagement

- [A Toolkit to Guide Equity-Centred Community Engagement in Research – ICES](#)

Environmental Health

- [Canada on fire: The catastrophic and escalating effects of wildfires on landscapes, lives and communities demand urgent action - Senate of Canada](#)
- [Climate adaptation and Indigenous food safety in Canada: Current approaches and the role of environmental public health - National Collaborating Centre for Environmental Health](#)
- [Guidance on upper indoor temperature limits: Protecting the health of older adults - Health Canada](#)

Food and Nutrition

- [Canadian Nutrient File 2026](#) - Health Canada

Infectious Diseases

- [Summary of NACI statement of June 2026: Guidance on the use of COVID-19 vaccines starting fall 2026](#) - Public Health Agency of Canada

Substance Use

- [Canadian Substance Use Costs and Harms Report: Healthcare 2017–2024](#) - Canadian Substance Use Costs and Harms Scientific Working Group
- [Circumstances Surrounding Opioid Toxicity Deaths Across Occupational Sectors in Ontario, 2018 to 2024](#) - Ontario Drug Policy Research Network

Vaccine-Preventable Diseases

- [Vaccination as a Brain–Heart Risk Reduction Strategy: Factsheet for Health Professionals](#) – Immunize Canada

Violence and Injury Prevention

- [How to Craft Messaging for ACEs Prevention](#) - ASTHO

[\(back to top\)](#)



Education

Upcoming Webinars: *registration may be required

What are the health and equity impacts of data centers?

August 5
2:00 pm - 3:00 pm

Heat Events and Indoor Air: Protecting Respiratory Health

August 6
1:00 pm - 2:30 pm

From Problem To Prevention: Evidence-Based Public Health

August 12
2:00 pm - 3:00 pm

Perinatal Mental Health: A Public Health Imperative for Families and Communities

August 12
3:00 pm - 4:00 pm

Youth Vaping: The Why, The What and The Consequences

August 13
10:00 am -11:30 am

How to use the Mind the Disruption podcast for health equity education, professional development and capacity building

August 14
12:00 pm - 1:00 pm

Rethinking Resilience: Lived Experience, Systems, & Practical Ways to Cope

August 18
3:00 pm - 4:00 pm

Air Quality and it's ecological impacts: the case of nitrogen deposition

August 27
7:30 am - 8:15 am

PHO Rounds: From Strategy to Impact: The Role of Public Health in Advancing Antimicrobial Stewardship and Combating Antimicrobial Resistance

**check back for registration*

August 27
12:00 pm - 1:00 pm

PHO Rounds: The Cancer Prevention Potential of Alcohol Policy and the Economic Cost of Alcohol use in Canada

**check back for registration*

September 10
12:00 pm - 1:00 pm

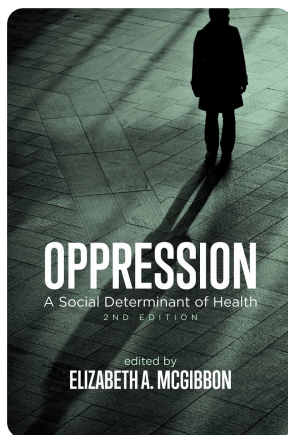
[\(back to top\)](#)

On-Demand Webinars:

- Climate Change and VBDs: Addressing Local Climate Projections by Enhancing Surveillance Tools
- Digital literacy as an equity-focused strategy for older adults
- How well do buildings protect occupants during wildfire smoke episodes?
- How religion influences vaccination decision-making in Canada
- Building Trust-Based Community Partnerships for Public Health Professionals

[\(back to top\)](#)

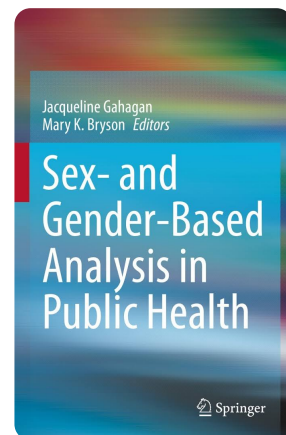
New Books



Oppression: a Social
Determinant of Health



Public health law and policy in
Canada



Sex- and gender-based analysis
in public health



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