

July, 2026



The Middlesex-London Health Unit Library publishes this newsletter monthly for subscribers.

Note from the Library

Welcome to the first Library Links through our new Brevo platform! We curate content to support evidence-based public health practice. Please share with interested colleagues so they can [sign up to receive future issues](#).

In this Issue

Since July features fewer live webinars, we've curated on-demand recordings to support your learning goals this month. Be sure to explore our new book selections as well.

- [Featured](#)
- [Scholarly Articles](#)
- [Grey Literature](#)
- [Upcoming Webinars](#)
- [On-demand Webinars](#)
- [New Books](#)

Featured



[The Road from Science to Health: The Importance of Designing For, Measuring, and Communicating Impact in Public Health](#)



[Core Competencies for Public Health in Canada: Release 2.0](#)

Scholarly Articles

Not all articles may be freely available online.

Contact library@mlhu.on.ca to obtain full text or request the username and password for Virtual Library.

Chronic Disease Prevention

Intervention approaches to address allostatic load-associated health disparities across high income and low/middle- income countries: a scoping review

The Impact of Early-Life Growth on Long-Term Cardiometabolic and Neurocognitive Outcomes in High-Income Countries: A Neglected Public Health Problem

Climate Change

Breastfeeding against climate change: Linking infant nutrition and environmental sustainability – a narrative review

Climate change and infectious diseases

COVID-19, climate change, and air pollution: A syndemic umbrella review

Emergency Management

From heatwaves to coastal risks: A scoping review of climate hazards, health effects, and governance mechanisms

Tiered heat-health warning systems: A scoping review

Environmental Health

Fine particulate matter and environmental injustice: A review of global inequalities in exposure and their health effects

Impact of environmental factors on pediatric health: Risks, vulnerabilities, and preventive strategies

What do we talk about when we talk about ecological determinants of health? A systematic review

Food and Nutrition

Housing Instability as a Barrier to HIV Viral Suppression: Evidence from a U.S. Systematic Review and Meta-analysis

The effectiveness of housing-based interventions and harm reduction among adults experiencing homelessness: A systematic review of recent controlled evidence (2019–2025)

Infectious Diseases

Global burden of enteric infectious diseases, diarrhoeal diseases, and corresponding aetiologies, 1990–2023: A systematic analysis for the Global Burden of Disease Study 2023

Injury Prevention

Adherence and effectiveness of multicomponent exercise fall prevention programmes across delivery formats in community-dwelling older adults: A systematic review and multilevel meta-analysis

Mental Health

Sleep disturbances as a short-term within-person risk-factor for suicidal ideation: A systematic review and meta-analysis

Oral Health

Electronic Cigarette Use and Risk of Gingivitis and Periodontitis: A Systematic Review and Meta-analysis

Reproductive / Sexual Health

Health Interventions to Promote HIV Self-Testing Among Key Populations: A Systematic Review of Effectiveness and Implementation Outcomes

Sex-Related Alcohol Expectancies and Condomless Sex: A Scoping Review of Quantitative Studies

Substance Use/Tobacco Use

Harnessing Social Innovation for Food Systems
Transformation: Systematic Review

Relevance of Social and Behaviour Change
Communication in Influencing Nutritional Food
Choices Among Youth: A Review

Health Promotion

Toward Participatory Precision Health With Co-
Designed Recommendations: Systematic Review
of Just-in-Time Adaptive Interventions in
Adolescents and Young Adults

Health Equity

Defining the Black population in Canadian health
research: a scoping review

Housing

Exploring the association between housing
insecurity and mental health among renters: A
systematic review of quantitative primary and
secondary studies

The effectiveness of psychological interventions
delivered by health professionals for adult
cannabis use in community settings: A systematic
review and meta-analysis

Vaccine-Preventable Diseases

Maternal and Pediatric Use of Vaccines for Mpox:
A Living Systematic Review and Meta-analysis of
Safety and Effectiveness

The effectiveness of gender-neutral HPV
vaccination programmes in preventing HPV-
associated oral cancers: A systematic review

Vector-Borne Diseases

How technologies are driving digital innovation in
mosquito surveillance systems: A global scoping
review over the past decade

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Grey Literature

Chronic Disease Prevention

- [The Burden of Cardiovascular, Renal, & Metabolic Diseases in Canada](#) — Institute of Health Economics

Communication

- [Risk Communication and Trust During Respiratory Pathogen Emergencies](#) — Public Health Ontario

Environmental Health

- [Per-and Poly-Fluoroalkyl Substances](#) — Public Health Ontario

Health Promotion

- [Examining the Health and Well-being of Ontario Children 1-17 Years](#) — Public Health Ontario

Infectious Diseases

- [Consolidated guidance on hepatitis B and C prevention, testing, treatment, service delivery and monitoring: An implementation handbook for a public health approach](#) — World Health Organization
- [Measles in Ontario](#) — Public Health Ontario

Vector-Borne Diseases

- [Pan-Canadian Zoonoses Report \(2013-2022\)](#), The Public Health Agency of Canada — Public Health Agency of Canada

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Education

Upcoming Webinars: *registration may be required

Framing substance use: Challenging assumptions, deepening understanding

July 7

1:00 - 2:30 pm

Environmental Surveillance for Early Pathogen Detection in Water and Air

July 8

3:00 pm - 4:00 pm

PHO Rounds: AI Tools for Evidence Synthesis in Public Health

July 9

12:00 pm - 1:00 pm

How well do buildings protect occupants during wildfire smoke episodes?

July 9

3:00 pm - 4:00 pm

Supporting Farmer Mental Health in Ontario

July 15

12:00 pm - 1:00 pm

Designing for Belonging - Methods for Inclusive Engagement & Centring Lived Experience

July 15

1:00 pm - 2:00 pm

Data and Situational Awareness for Medical and Public Health Preparedness and Response:

Webinar 1

July 16

12:00 pm - 4:00 pm

PHO Rounds: The Digital Determinants of Health in the Canadian Landscape

**check back for registration*

July 16

12:00 pm - 1:00 pm

Data and Situational Awareness for Medical and Public Health Preparedness and Response:

Webinar 2

July 21

12:00 pm - 4:00 pm

PHO Rounds: How to develop a surveillance system for notifiable infectious disease aberrations

**check back for registration*

July 21

12:00 pm - 1:00 pm

Engaging Youth Voices to Improve Substance Use Prevention

July 22

12:00 pm - 1:30 pm

Data and Situational Awareness for Medical and Public Health Preparedness and Response:

Webinar 3

July 28

12:00 pm - 4:00 pm

From Data to Action: Advancing Black Maternal and Perinatal Health in Ontario

July 29

12:00 pm - 1:00 pm

Perinatal Mental Health: A Public Health Imperative for Families and Communities

August 12

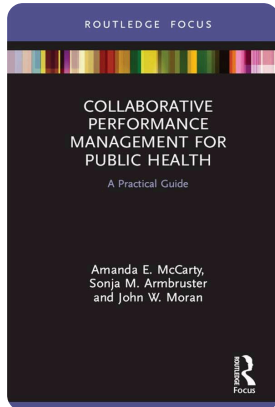
3:00 pm - 4:00 pm

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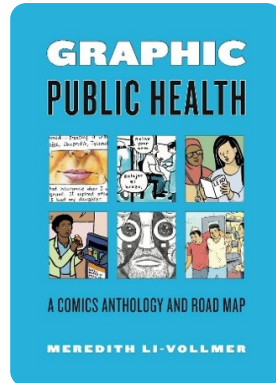
On-Demand Webinars:

- [Approaches to Developing Equitable Public Health Interventions and Strategies](#)
- [Emerging Viral Threats: What Canadian Public Health Needs to Know About Hantavirus and Ebola](#)
- [Extreme heat events: Media communication with impact](#)
- [How do you build a digital STBBI testing program?](#)
- [Misinformation and public health in the age of social media](#)
- [Public health action to transform food systems and advance food justice](#)
- [Righting White Writing: Colonialism at the Scale of the Word](#)
- [Simulation Exercises for Public Health Emergencies: Evidence-Informed Practices](#)
- [Strategies for Public Health Organizations to Enhance Their Capacities to Act on Healthy Public Policies](#)
- [Tick-Borne Diseases in Ontario: A 2026 Update](#)

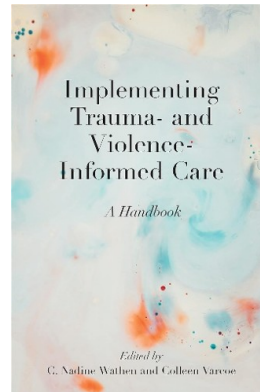
New Books



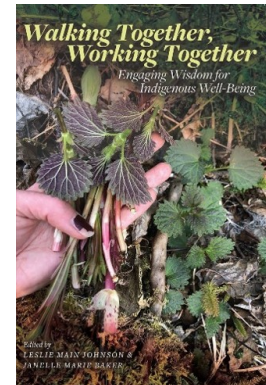
Collaborative
Performance
Management for Public
Health: A Practical
Guide



Graphic Public Health:
Comics Anthology and
Road Map



Implementing Trauma-
and Violence-Informed
Care: A Handbook



Walking together,
working together:
engaging wisdom for
Indigenous well-being



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