

## A Current Collection of Reports and Readings

by Amy Faulkner—Librarian

**Not all articles are freely available online.**

Contact [hubllibrary@smdhu.org](mailto:hubllibrary@smdhu.org) to obtain full text or request the username and password for Virtual Library.

**Want another way to stay current? Contact me to discuss setting up journal autoalerts to so you can be automatically sent references on topics of interest.**

### Chronic Disease Prevention

Can fitness apps work long term? A 24-month quasiexperiment of 516 818 Canadian fitness app users  
2025. British Journal of Sports Medicine. Freely available.

### Oral Health

Indigenous oral health equity: The path forward  
2025. Canadian Journal of Dental Hygiene. Freely available.

### Food and Nutrition

Prevalence of eating disorders and disordered eating in First Nations Peoples in high-income, colonial settler countries: a scoping review  
2025. BMJ Public Health. Freely available.

Calcium supplementation commenced before pregnancy for preventing hypertensive disorders and related problems  
2025. Cochrane Database of Systematic Reviews. Available on the Virtual Library.

Vitamin D supplementation in pregnant or breastfeeding women or young children for preventing asthma.  
2025. Cochrane Database of Systematic Reviews. Available on the Virtual Library.

### Environmental Health

Evaluation of community-based heat adaptation interventions: a systematic review  
2025. BMJ Public Health. Freely available.

A public health companion for ASHRAE Guideline 44: Protecting building occupants from smoke during wildfire and prescribed burn events  
2025. National Collaborating Centre for Environmental Health. Freely available.

Examining climate-driven influences on norovirus transmission and disease patterns  
2025. National Collaborating Centre for Environmental Health. Freely available.

### Injury Prevention

Interventions for preventing falls in older people in care facilities.  
2025. Cochrane Database of Systematic Reviews. Available on the Virtual Library.

Factors Associated With Falls Among Residents Living in Long-Term Care Homes in Ontario  
2025. International Journal of Older People Nursing. Freely available.

### Infectious Disease

Gaps in immunization coverage at school entry and after two years of school attendance among immigrant and refugee children in Ontario, Canada  
2025. PLOS One. Freely available.

Public Health in the Age of TikTok: A Content Analysis of Measles Narratives  
2025. International Journal of Infections Diseases. Freely available.

## Useful Links

[Virtual Library](#)

[Shared Library Services Partnership](#)

### Working from home?

[Contact me](#) for your EBSCO username and password

### Public Health Ontario Resources:

[A TOPHC Fireside Chat with Dr. Donald Berwick on Quality Improvement](#)

[PHO Rounds: Scales, Tails and Salmonella: A Comparative Analysis of Human and Reptile Isolates](#)

[PHO Rounds: PHO Rounds: You-CAN: The Youth Concussion Awareness Network](#)

[PHO Rounds: Drinking Water Safety: 25 Years After Walkerton](#)

[PHO Rounds: Prospects and partnerships for building Indigenous food sovereignty and security.](#)

[Sport-related concussions in Ontario](#)

[EVIDENCE BRIEF Public Health Approaches for Women and Pregnant People with Syphilis](#)

[Meeting Summary: Human Vaccination Against Avian Influenza in a Non-Pandemic Context in Ontario](#)

Continuing education resources compiled by the Middlesex-London Health Unit Library

[Communicating Across the Gap: Strategies for Disaster Preparedness and Public Trust](#)

September 25

1:00 pm - 2:00 pm

[Reconciliation & Beyond: Local Considerations for Indigenous Community Safety & Wellbeing](#)

October 1

1:00 pm - 2:30 pm

[PHO Rounds: Respiratory Season 2025-26, Part 1: Surveillance & Testing](#)

Thursday, Oct 2, 2025

11:00 am to 12:00 pm

[From Bedside to Policy: Leadership for Food as Medicine in Healthcare](#)

October 6

12:00 pm - 1:00 pm

[Up Close and Policy: Public Art and Public Policy](#)

October 8

8:00 am – 9:00 am

[Cervical cancer and HPV-related stigma: impact on screening and future directions](#)

October 8

10:00 am – 11:00 am

[From awareness to action – solutions to facilitate nutrition self-management in the community](#)

October 9

12:00 pm - 1:00 pm

[PHO Rounds: Legionella Risk Management and Investigations in Health Care Facilities](#)

October 21

12:00 pm - 1:00 pm